



Spa and wellness

At Jua, wellness is an invitation to slow down. Every treatment combines natural ingredients, local traditions and expert hands to restore body and mind.
Relax, breathe and let the rhythm of Zanzibar guide your experience.

MASSAGES

Swedish Massage **60 Min** **USD 60**
Gentle flowing movements relax muscles, improve circulation and promote general wellbeing.

Back, Neck & Shoulder Massage (strong or light pressure) **30 Min** **USD 35**
Targeted relief for the areas where tension accumulates most, perfect after travelling or an active day

Deep Tissue Massage (strong or medium pressure) **60 Min** **USD 70**
A massage technique that utilizes slow strokes and deep finger pressure techniques to release the tension, aches and pains.

Aromatherapy Massage **60 Min** **USD 60**
A holistic treatment that is based on the psychological and physical benefits of essential oils. The treatment is designed to either energize or relax the body.

After Sun Relaxing Massage **60 Min** **USD 60**
A soothing effect on the body after sun bathing, quick healing on a sun burned skin, improving blood circulation and leaving the body relaxed, soft and smooth.

Indian Scalp Massage **30 Min** **USD 35**
Muscle relaxation techniques aimed at providing relief from mental and emotional stress and increasing oxygen uptake to the brain and tissues thus creating peace and tranquility.

Foot Massage (strong or light pressure) **30 Min** **USD 35**
Relaxing foot massage, improving blood circulation and promotes better sleep.



BODY RITUALS

Body Scrub **30 Min** **USD 45**

This treatment is 100% exfoliation. The removal of dead skin cells from the body and impurities, leaving you feeling fresh and your skin looking rejuvenated and revitalized. Suggested on arrival to prepare the skin to a perfect tanning.

Swahili Ritual **90 Min** **USD 150**

Beauty ritual inspired by traditional Swahili wellness, combining a **30-minute Swahili scrub**, a **60-minute relaxing massage** with locally crafted oils and botanical extracts, and a **nourishing face mask** to hydrate, soothe and restore your skin.

All products are natural and sourced from our garden whenever possible.

Swahili Facial Cleansing **60 Min** **USD 45**

Beauty cleansing treatment inspired by a combination of local products like aloe, cucumber, milk and tanzanian coffee. And nourishing face mask to hydrate, soothe and restore your skin will finish your treatment.

HANDS AND FEET

Pedicure with classic polish **60 Min** **USD 32**

Pedicure with gel polish (longer-lasting color and shine) **60 Min** **USD 40**

A refreshing, soothing spa therapy for tired feet designed to condition, repair and soften the feet whilst uplifting the senses.

Nail & Cuticle Work | Soak | Foot Scrub | Nail Varnish

Manicure with classic polish **60 Min** **USD 28**

Manicure with gel polish (longer-lasting color and shine) **60 Min** **USD 35**

A soothing, softening spa therapy for the hands designed to brighten, condition and soften the hands whilst calming the senses.

Nail & Cuticle Work | Soak | Hand Scrub | Nail Varnish

IMPORTANT

Dear Guest, to avoid any damage to your clothes, we kindly ask you to wear a dark-colored swimsuit when visiting our Spa.

Especially during scrub treatments, some fabrics may get damaged.